

FINDING YOUR VOICE  
OMAR O. NEWELL

STUDENT WORKBOOK

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## FINDING YOUR VOICE

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**A LEADERSHIP WORKBOOK FOR CONFIDENCE, PURPOSE, AND  
PUBLIC SPEAKING**

**AUDIENCE: AGES 12–25 (MIDDLE SCHOOL, HIGH SCHOOL,  
COLLEGE, YOUNG ADULTS)**

**BY OMAR O. NEWELL**

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## **How to Use This Workbook**

THIS WORKBOOK IS DESIGNED TO BE USED DURING LEADERSHIP WORKSHOPS, CLASSROOMS, CHURCH YOUTH PROGRAMS, AND INDIVIDUAL GROWTH. IT IS WRITTEN FOR A WIDE AGE RANGE, SO SOME SECTIONS MAY FEEL SIMPLE WHILE OTHERS FEEL MORE CHALLENGING. THAT IS INTENTIONAL. GROWTH HAPPENS WHEN WE REVISIT IDEAS AT DEEPER LEVELS OVER TIME.

WRITE HONESTLY. PAUSE WHEN NEEDED. THERE IS NO RUSH. LEADERSHIP IS NOT BUILT IN A MOMENT—IT IS BUILT THROUGH REFLECTION, ACTION, AND CONSISTENCY.

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**INTRODUCTION: LEADERSHIP STARTS BEFORE THE MIC**

LEADERSHIP DOES NOT BEGIN WITH A TITLE, A PLATFORM, OR A MICROPHONE. LEADERSHIP BEGINS WITH RESPONSIBILITY. LONG BEFORE PEOPLE LISTEN TO YOUR WORDS, THEY WATCH YOUR CHOICES.

MANY YOUNG PEOPLE BELIEVE LEADERSHIP IS SOMETHING THEY WILL STEP INTO LATER. IN REALITY, LEADERSHIP IS ALREADY FORMING EVERY DAY—THROUGH HOW YOU HANDLE PRESSURE, HOW YOU TREAT OTHERS, AND HOW YOU RESPOND WHEN NO ONE IS WATCHING.

THIS WORKBOOK WILL HELP YOU BUILD CONFIDENCE, STRENGTHEN YOUR VOICE, AND DISCOVER PURPOSE. YOU DO NOT NEED TO HAVE EVERYTHING FIGURED OUT TO BEGIN. YOU ONLY NEED THE COURAGE TO GROW.

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**SECTION 1: WHAT IS LEADERSHIP?**

LEADERSHIP IS INFLUENCE. IF YOUR ACTIONS AFFECT HOW OTHERS THINK, FEEL, OR ACT, YOU ARE ALREADY LEADING. LEADERSHIP IS NOT ABOUT POPULARITY OR BEING THE LOUDEST VOICE IN THE ROOM. IT IS ABOUT RESPONSIBILITY, INTEGRITY, AND CONSISTENCY.

TRUE LEADERSHIP SHOWS UP IN SMALL MOMENTS: SHOWING UP ON TIME, TELLING THE TRUTH, TAKING RESPONSIBILITY FOR MISTAKES, AND CHOOSING GROWTH WHEN COMFORT WOULD BE EASIER.

**REFLECTION QUESTIONS:**

- + WHO DO YOU INFLUENCE RIGHT NOW?
- + WHAT KIND OF INFLUENCE DO YOU WANT TO HAVE?
- + WHERE COULD YOU TAKE MORE RESPONSIBILITY?

**PLEASE DOWNLOAD THE FULL VERSION  
(STUDENT WORKBOOK) TO CONTINUE  
WITH THE WORKSHOP**

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